

LEASIDE CC EDITION OF THE FRA WINTER SERIES 2019

Event overview

Date/Time

17 February 2019 at 1000am

Location

Car parking, welfare facilities and river access will be available from 08:30 until 15:30 at:

Leaside CC
Spring Lane
Clapton
E5 9HQ

Racing start will take place at the canoe club

All kayaks should enter and exit the river Lea via the access points on-site at Leaside

Programme:

1000 – Booking in opens at Leaside CC

1130 – Event Briefing at Leaside CC

1200 – Race begins

1300 – Competitors food Tea/Coffee, cakes and hotdogs available

1430 – Prize giving

Booking and fees:

Team leaders are requested to pre-register any paddlers who have not already paddled in the series, as this will speed up the booking in process.

The entry fee is £5 per seat for all classes. All paddlers are required to have £5 million public liability insurance. Most paddlers will have this through membership of the BC or a BC affiliated club or group.

Otherwise, BCU day membership will be available for **£5 on request**.

Safety

Team leaders are responsible for ensuring the competency of their team members, checking the safety and suitability of their equipment and clothing, and ensuring buoyancy aids are worn when they consider it necessary. All u16 paddlers **MUST** wear a buoyancy aid. Please note the river Lea is a busy navigation channel, can team leaders advise all paddlers to keep river right when approaching any on coming craft. Race starts may be held up due to other craft using the river.

Leaside CC will provide Rescue Boats, and bankside Safety Crews with throw ropes while competitors are on the water.

There will be trained First Aiders at both Leaside and at the race course. A sweeper boat will follow the race to ensure that no one is left on the course.

Please find attached a copy of the event risk assessment.

Services

There is no shop within easy walk of Leaside CC or the racecourse. Hot and cold food will be available to purchase during the event at Leaside CC. There are male and female changing and shower facilities available on site.

The nearest hospital is:

Homerton Hospital
Homerton Row
London
E9 6SR

Contact details

Event organiser

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