

LEASIDE CANOE CLUB

RISK ASSESSMENT – ON THE WATER – LEASIDE WINTER SERIES RACE

RACE DATE: 17th February 2019

HAZARD	WHO MIGHT BE HARMED	RISK CONTROLS IN PLACE	FURTHER ACTIONS NECESSARY TO CONTROL THE RISK
(Generic Risk) Drowning	ALL	<p>Competitors responsibilities:</p> <p>Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water in the event of a capsize. Competitors must be able to swim adequately in the race is being held. All paddlers are required to render assistance to other competitors in distress. The wearing of life jackets or buoyancy aids is compulsory for all paddlers ranked below Div 6 and all paddlers under the age of 16 years. This applies to singles and doubles races.</p> <p>All buoyancy Aids & life jackets to conform to the BCU/CE guidelines.</p>	<p>Other competitors may be instructed to wear buoyancy aids on the day if conditions dictate – decision can be made by Race Organiser & Safety Officer on the day. Pre-race briefing to remind competitors that they are required to render assistance to other competitors in distress.</p>
Hypothermia/Hyperthermia. Heat Exposure & Sun Burn	ALL	<p>Participants are reminded of importance of appropriate clothing at Briefing & in rules for the event, Marshalls positioned around the course with mobile phone contact</p>	
Collision with other competitors, overhanging trees & bushes, bridges, Possible head injury	ALL	<p>Possible collision & being hit by paddle. Marshalls positioned around the course with mobile phone contact Safety boats on course areas used by less experienced junior paddlers. All paddlers are required to render assistance to other competitors in distress.</p>	<p>Pre-race briefing to remind competitors that they are required to render assistance to other competitors in distress.</p>
Injury from Lifting/Carrying Equipment	ALL	<p>All competitors are no longer beginners and will have a basic understanding of lifting & handling their boats. Where possible courses do not have portages. Where portaging is required assistance can be given.</p>	<p>Use extra help when required</p>
Moving water / River in flood	ALL	<p>A safety boat will be deployed on the course to follow the under 12's (the less experienced junior paddlers)</p>	<p>Monitor situation - Race Organiser to make the appropriate call on the day</p>
Lightning	ALL	<p>In the event of lightning particularly on exposed open water the whole group should get off the water as soon as possible and put paddle down.</p>	

Powerboats	ALL	All participants to be made aware of the potential problems of other river users and that they may encounter powered craft or rowers. These should always be passed on river right.	
Fishermen	ALL	All participants to be observant and follow normal river courtesy	
Wildlife & Pollution	ALL	All participants aware of potential problems including Leptospirosis, swans etc.	Washing / Showering facilities available
Storm Drains	ALL	Drains pour into the river after heavy rainfall. Care to be taken when approaching these and they should be passed on the opposite bank	Pass with caution on the opposite bank
Fire	ALL	Fire alarm in main building and changing block. Fire exits and signage, fire extinguishers and guidelines for fire evacuation clearly displayed.	
Waters edge - Falling into water, Drowning	ALL	This is the same as any other waters edge. Awareness and care to be taken	
Marshalls sitting or standing still for long periods	Marshalls & Officials	Where possible, marshals to work in pairs to enable one to move around whilst the other is on duty.	Food to be provided for all off-site marshals. All marshals phone numbers held by the race organiser
Landing stages - slips and trips	ALL	Landing stages to be washed down. Landing stages to be secured together	All members to monitor conditions
Car Parking	ALL	Cars to be parked as tightly as possible but leaving access to the building at all times	Car park attendants to manage moving vehicles
Trailer and car loading risk by lifting heavy boats	Visiting Teams	Visiting teams will be under the supervision of the own club coaches and team leader.	
Toilets and changing	ALL	The club has male and female toilets in the changing block and a disabled toilet in the main building. Toilets will be cleaned and checked prior to the event. Event Welfare Officer to be notified of any problems.	
Adults/children and children/children mixing	ALL	On the race day there is a large mix of adults and children in the changing rooms which provides a safer environment for all.	
Lifting carrying and manual handling	ALL	Team work actively encouraged so that no one feels the need to over lift.	All members to monitor
Kitchen	ALL	Only those who have taken responsibility for providing race day refreshments will have access to the kitchen. First aid kit and fire blanket available	

Boat repair bay	ALL	Boat repair bay to be kept locked at all times during race day.	
Site cleaning, clearing and maintenance	All members	Care to be exercised at all times.	

completed by:

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Sources of information: Experience from previous years and BCU Guidelines